



LIFESTYLE Self-Guided HOLIDAYS - FRANCE

Highlights of Provence – 8 days ex Orange



This self-guided cycling holiday in France combines the beautiful Provence landscapes with historical towns and cities and has a distinctly roman feel to it. Our cycling takes us from the town of Orange through St Laurent, past the famous aqueduct, Pont de Gard to Frigolet and to Avignon. Plenty of time to savour wines from the famous vineyards we'll be cycling past, including Côte du Rhône and Les Beaux. We visit the romantic town of St Rémy, famous for its aromas of wild herbs. Van Gogh lived in St Rémy and along with the wonderful surrounding landscape in the shadow of the Alpilles you'll see what provided the inspiration for many of his paintings.

Explore Provence and Camargue: A cycling tour that combines beautiful landscapes with historic towns and takes us from Orange to Avignon, with plenty of time to experience the wines of Côte de Rhône and Les Beaux.

Relaxing biking: The easy to moderate cycling is the perfect way to get in touch with all things Provencal. Daily cycling is 37-56 kilometres on rolling terrain. Detailed route notes with stage-by-stage route descriptions, maps and travel information are provided.

Beautiful accommodation Stay in carefully selected small 2 and 3 star hotels and guesthouses that provide breakfast and evening meals. We'll provide all the maps and information you need and transfer your luggage between accommodations.

Tour Itinerary

Day 1. Arrival in Orange

We recommend early arrival in Orange allowing time to visit the Roman monuments here, as the amphitheatre is one of the best preserved in Europe. This evening enjoy a welcome drink and tour briefing.

Meals: None

No Cycling

Day 2. Orange to Uzes

Today's cycling is through a lovely landscape of orchards and vineyards from the famous Côte du Rhône wine region to St Laurent. The charming medieval village of Uzès overlooking the Alzon Valley, is a typical Provençal Village with a wonderful market place.

Meals: Breakfast

Cycling: approx 56 km



Day 3. Uzes to Pont du Gard to Avignon

Small backroads will take you to the spectacular Pont du Gard, considered one of the wonders of the ancient world. This Roman aqueduct was built to carry water across the River Gardon to the City of Nîmes. On the way you will pass fields of lavender. Today's destination is the city of Avignon on the banks of the Rhone.

Meals: Breakfast

Cycling: approx 48 km

Day 4. Avignon to St. Remy

While in Avignon you have time to visit the Roman monuments and the Palace of the Popes. Once out of the city you leave Avignon by backroads towards St Remy, one of the most beautiful villages in the region. Known for the aroma of wild herbs, St Remy was where Van Gogh lived and where Nostradamus was born. The wines from Les Baux are excellent, having been granted their own appellation status in the late eighties. Enjoy the end of the day in one of the many cafes and restaurants in the romantic small streets of St Remy.

Meals: Breakfast

Cycling: approx 37 km

Day 5. St. Remy to Les Baux to St. Remy

Today you cycle a circular route from St Remy to Les Baux. The remarkable pilgrimage site was built on a 200m high limestone outcrop and it is still dominated by a ruined fortress. This is an area that inspired Van Gogh and he did a lot of his paintings here, a magical landscape in the shadow of the Alpilles Mountains.

Meals: Breakfast

Cycling: approx 51km

Day 6. St. Remy to Arles

Today you leave St Remy to cycle south, towards the Mediterranean Sea and the town of Arles with its Roman bridge over the River Rhone, its well-preserved amphitheatre and countless medieval or Roman monuments.

Meals: Breakfast

Cycling: approx 47 km

Day 7. Arles to Ste-Marie-de-la-Mer

Passing Mejanes you cycle towards the Mediterranean coast through the protected Rhone delta region known as the Camargue with its white horses, black bulls, pink flamingos and exotic wildlife. In the afternoon transfer back to Arles by bus.

Meals: Breakfast

Cycling: approx 50 km

Day 8. Arles to Orange then departure

Your exciting tour through the Provence region unfortunately comes to an end. Departure by train from Arles to Orange.

Meals: Breakfast

No Cycling

Tour Information



Included In Tour Price:

- 7 nights' accommodation in 3 star Hotels
- Breakfast buffet
- Detailed travel documents
- Luggage transfer between hotels
- Transfer back to Arles
- Train ticket from Arles to Orange
- Bike hire

Not Included In Tour Price:

- International Flights and/or Travel Visas (where applicable) or Travel Insurance
- Drinks & snack bars
- Tips

Tour Grade & Fitness

This tour is graded 1/2 or Easy.
A low level of fitness is required, exercising at least once a week prior to the tour.