



## LIFESTYLE HOLIDAYS - CROATIA

### National Parks and Islands – 8 days ex Trogir



We invite you to spend a week on a ship cruising between the mainland and the sea. Great cuisine, crew and knowledgeable tour guides are awaiting you. We will visit two national parks and the islands of Central Dalmatia, starting from Trogir. Highlights include UNESCO-Protected old town of Trogir, Primosten, Sibenik with its famous cathedral, Zadar, National Parks Krka-Waterfalls and Kornati Islands, Trogir can easily be reached via Split Airport. Spend your days cycling, and nights on board our motor yacht, which will be accompanying you throughout the whole trip.

#### **Discover the charm of the Adriatic**

On a romantic motor yacht, our floating accommodation, we will discover the charm of the Adriatic in our own special way. We cycle off after a hearty breakfast. At midday we meet the ship at a harbour for lunch. In the evening the ship will be waiting in the next harbour, so that we can enjoy fantastic cuisine as the sun sets, followed by a stroll through a historic harbour town.

#### **Easy-going cycling**

The bike routes require a basic level of fitness. The routes can reach an altitude of 100 – 300 metres. The daily routes, of 30-50 km (18 to 30 mi.), cover hilly terrain and can be completed without time constraints. You will also come across some rather steep climbs, where walking your bike is of course permitted. The roads are mostly asphalted and there is little traffic outside of holiday periods. Each day you can decide for yourself, whether you would like to cycle individually, using the maps provided, or join one of the tour guides

#### **Fully catered on board a charming motor yacht**

Our accommodation or floating hotel is on-board a motor yacht. The cabins have air conditioning and private bathroom facilities. Our on-board chef is a member of the crew and will prepare breakfast and one to two warm meals daily. Catering is provided from the evening meal on check-in to the breakfast on departure day

## Tour Itinerary

### Day 1. Trogir to Šolta

Please make your own way by car to Trogir (or by plane to Split). After checking in to the motor yacht at Trogir and having lunch on board, our first cruise begins as we head for Maslinica on the Island of Šolta. Walled fields, numerous olive groves, locust bean and fig trees line the roads. The smell of lavender and rosemary accompany us as we are led to the village of Grohote.

**Meals: Lunch, Dinner**

**Cycling: approx 20 km (12 mi.)**

### Day 2. Rogoznica to Primošten to Šibenik to Vodice

In the morning we cycle from Rogoznica to Primošten. Our motor yacht will then take us through a narrow passage to Šibenik. After visiting the famous cathedral and the old town, our boat will sail again and continue towards Vodice, where we stay the night.

**Meals: Breakfast, Lunch, Dinner**

**Cycling: approx 15 km (9 mi.)**



### Day 3. Vodice to Murter to Telašćica

This morning we cycle from Vodice to the island of Murter, which is connected with the mainland by a 'lift' bridge. We will meet the boat for lunch in a quiet harbour and in the afternoon we cruise through the National Park of the Kornati islands, an archipelago of crystal clear waters known for its diverse flora and fauna. In the peaceful atmosphere of the Telašćica Nature Park we walk along the impressive island cliffs.

**Meals: Breakfast, Lunch, Dinner**

**Cycling: approx 30 km (18 mi.)**

### Day 4. Island of Dugi Otok

Today's bike ride begins in Telašćica Nature Park on a virtually traffic-free road. As we cycle across the island we are rewarded with panoramic views of the countless islands in the deep blue sea. We meet our yacht for lunch in the harbour of Savar. Then we cruise to Zadar, which, for centuries was the political, cultural and spiritual centre of Dalmatia. Our tour guide takes us on an extensive walk through the lanes of the lively old centre. 3000 years of history have left their imprint on the character of this town and there are many things to be admired: the mighty fortified walls with their bastions, the loggia but also the early Romanesque St. Donatus basilica. We overnight in the harbour of Zadar.

**Meals: Breakfast, Lunch, Dinner**

**Cycling: approx 35 km (22 mi.)**

### Day 5. Islands of Pašman and Ugljan to Krka National Park

While we have breakfast, our boat takes us to the island of Ugljan in the Zadar Canal. We cycle along the east coast and cross a bridge to the island of Pašman. In the afternoon we cruise further up the Krka River and in the evening we arrive in Skradin. From here we'll explore the magnificent lower waterfalls of Krka in the Canyon of Krka National Park, a geological peculiarity under protection. Here the Krka meanders the first 10km through a flat region, followed by 40km through canyons and then 20km past lakes, which are connected to the Adriatic.

**Meals: Breakfast, Lunch, Dinner**

**Cycling: approx 30 km (18 mi.)**

### **Day 6. Skradin to Island of Zlarin**

Today we explore the Krka National Park by bike. Through wooded valleys we ride to Lake Visovac and on an island in the lake is the Visovac Monastery. It was settled by Augustinian monks who established a small monastery and church, which they dedicated to the Apostle Paul in the 14th century. After a swim we cycle back to Skradin through quiet villages and in the late afternoon we sail to the coral island of Zlarin. We spend a relaxing evening in the peaceful atmosphere of the Island.

**Meals: Breakfast, Lunch, Dinner**

**Cycling: approx 30 km (18 mi.)**



### **Day 7. Island of Zlarin to Trogir**

This morning our motor yacht takes us to Rogoznica. We can choose between a circuit around the large bay or cycling to Trogir through small villages amongst the hills on roads with little traffic. The final descent will offer us a grand view of the coastline around Split. In the afternoon we can stroll through the narrow alleys of Trogir's Old town (UNESCO protected), and devote our attention to the cultural side of the trip.

**Meals: Breakfast, Lunch, Dinner**

**Cycling: approx 20 or 45 km (12 or 28 mi.)**

### **Day 8. Departure from Trogir**

The tour has finished and we ask everyone to check out after breakfast (by 9 am).

**Meals: Breakfast No cycling**

## Accommodation - MV THEODOR KOERNER



MS San Snova (shower/toilet in every cabin) San Snova – Dream of Dreams – is the name of this brand-new ship to be launched in spring 2009 and built specifically for our cruises. This ship, 31 m long and 8 m wide, combines romantic seafaring with the highest qualifications of a motor sailer used for cruises. Ten cabins above deck as well as four cabins below are available to Island Hoppers. They are outstanding in their spaciousness and comfortable furnishings. All cabins have their own bathroom with shower and WC and are equipped with individually controlled air-conditioning. The crew of the San Snova is a young, very sympathetic team who are already looking forward to welcome you on board.

MS Kapetan Jure (shower/toilet in every cabin) In the year 2000 captain Anton started to build the Kapetan Jure. Anton originates from a seafaring family from Krilo near Split. With its 15 cabins the Kapetan Jure offers space for 30 guests. 11 of these cabins are on deck. 10 of these are furnished with two beds arranged side by side, while one cabin has bunk beds. The remaining four cabins are below deck and are furnished with a French bed (140 cm wide) and a berth above. The cabins have simple, but functional equipment. The roomy sun deck is large enough to for a relaxing sunbath. And the comfortable saloon offers enough space in order to eat and to spend some time with new friends.

MS Romantica (shower/toilet in every cabin) “Captain Jure's Romantica, our brand-new ship in Croatia, was launched only in May 2007. The ship is 32 m long and 7,6 m wide and possesses a solid structural steelwork which, as the name says, connects romance with modern design and functionality. Captain Jure pays a lot of attention to the elegant appearance of his ship. 17 comfortably equipped double cabins with a size of 9-10 square meters also offer sufficient area to accommodate larger groups. The generous cabins feature updated decor. The sun deck offers couches and mats for sunbathing and relaxing. A feature of the ship is a platform at the tail of the ship, from which you can take a swim in the sea with easy access.

## Tour Information



### Included in the tour price:

- 7 nights on a motor yacht in a double or twin cabin with ensuite
- Meals as per the itinerary
- Bed linen and towels
- English-speaking tour guide
- Entrance fees of the National Parks
- Cycling maps for each day's tour available on board
- Bike Hire

### Tour Grade

This tour is graded 1/2 easy (on a scale of 1-10 with 9/10 being extreme).

### Language on Tour:

Croatia's inbound tourism is predominantly made up of German nationals, so our tours are generally catered for in German as the first language and English secondary. If you are English speaking please do not be alarmed, as English is widely spoken by our crew and most German nationals. One of our guides is available on the daily tours to translate into English for non-German-speaking tour participants.

### Alterations:

We reserve the right to make alterations to this itinerary, which will normally be due to wind and weather conditions or organisational requirements. Sometimes the tour will be conducted in reverse order. You will find further details in your booking information packet.

### Not included in the tour price

- International flights and Travel Visas
- Travel Insurance
- Single surcharge
- Visitor's tax and local charges (to be paid to the captain)
- Drinks and snack bars on board
- Taxi transfer between Split airport and ship in Trogir
- Tips for tour guides and crew

### Fitness Required

A low level of fitness is required, exercising at least once a week prior to the tour.

### Bike Hire:

Our 21-gear-trekking-bikes are basic bicycles that are available in four different frame sizes: 46 cm and 52 cm for ladies, 56 cm and 60 cm for men. All bicycles are equipped with a Shimano drive chain, Shimano V-brakes with strong "bite", 28 inch hollow chamber rims with quick release, safety mudguards and a comfortable Selle Royal touring saddle. For the duration of the tour we supply you with a waterproof saddle bag by Ortlieb, a practical way of carrying drinks, bathing gear, camera etc. Please note: Should you not want to be without your own saddle (please bring the saddle only without the seat post) or your own click pedals, please bring them with you and let your tour guide attach them to your rental bicycle.